



SILLY SLEEVES

Sizing Chart (a general reference)

This sizing chart is meant as a guide for you to make the right choice for you. Please be aware that if you have a well-developed Calf Muscle for your size, you may need to order the next size up! Same goes with a bigger foot, as the sleeve must come around the ankle to get it on!

We have found that most people are going with the Mediums, from 11 year olds to Women in the WPS Professional League. The fabric is very stretchy and needs to be worn tight to help keep the shin guard in place.

We have listed the top and bottom dimensions of our sleeves. The Top measurement is for the Calf Muscle about 2 inches below your Knee. The Bottom measurement is about 2 inches above the Ankle.

The Sleeves are made a little longer so you can “Wrap” under the bottom and over the top of your guard for a customized fit that will help keep the guard in place.

Sleeve Size	Top	Bottom	Vertical Height	Avg. Guard Dimen.	Weight Range	Height Range
Small	6.5 in.	5 in.	9 inch	5x7	Up to 90 Lbs.	3'10" - 4'7"
Medium	7.5 in.	6.5 in.	9.5 inch	5.5x 8.5	80-150 Lbs.	4'6" - 5'4"
Large	9 in.	7.5 in.	10 inch	6x10	110-160 Lbs.	5'4" - 6'0"